



Positive Parenting Workshops!

Being a parent can be incredibly rewarding ... and incredibly challenging. There are FREE workshops available to you that will help you manage the big and small challenges of raising kids. Equip yourself to create a family life with more fun and fewer struggles! These 90-minute Triple P Workshops are informal presentations designed for groups of parents of preschool aged children. You can choose to do one, two or all three seminars!

1 The Power of Positive Parenting

September 26, 2017 – 6:00-7:30pm
Newton Library

There is no single right way to be a parent. But, there are ways that parents can make their jobs easier by developing positive loving relationships with their children through encouragement, attention and good communication. This seminar provides some practical tips for managing common parenting challenges with positive approaches.

2 Raising Confident Competent Children

October 3, 2017 – 6:00-7:30pm
Newton Library

Children are more likely to be confident, to succeed at school, and to get along well with others when they develop certain life skills. This seminar will give parents some ideas on how to help children learn how to become self-confident and capable people.

3 Raising Resilient Children

October 10, 2017 – 6:00-7:30pm
Newton Library

One of the most important tasks of parenthood is helping children learn to deal with their emotions. This seminar provides parents with some ideas for teaching children how to bounce back after day-to-day disappointments or struggles.

Call the Children's Resource Center at 828-695-6565 to register!

Triple P takes the guesswork out of parenting. It is one of the most effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. The

Parent Support Team offers a variety of parent education opportunities for families with children who are age birth to five, using the Triple P® (Positive Parenting Program) model.

Call 828-695-6565 for more information!



Catawba County Parent Support Team is a Smart Start funded project of the Catawba County Partnership for Children. It also receives support through Catawba County Social Services and Public Health, as well as other funders. For more information about the Parent Support Team, please call Jane Abernathy, Triple P Coordinator, at 828-695-6594.