

Last updated: 02/2019



<https://www.fsnhope.org/>

## Resource Directory: Caldwell County

**Note:** This resource directory was created by FSN/Hope staff to help you identify resources in your county that can assist you with your child's needs. Family Support Network/HOPE does not make referrals and we do not endorse these agencies. Any contact you make with these agencies is at your own discretion. This directory may not have all the resources in your county however we try our best and will update this continuously. If you have any additions, questions, or concerns, please contact us at (828) 256-5202 or at [vickiedieter@fsnhope.org](mailto:vickiedieter@fsnhope.org). Thank you.

## **A Caring Alternative**

301 East Meeting Street

Morganton, NC 28655

Phone: (828) 437-3000

Website: <https://www.caringalternative.com/>

A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens-Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.

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## **Blue Ridge Community Action**

800 N Green St

Morganton, NC 28655

Phone: (828) 438-6255

Website: <https://www.brcainc.org/>

Blue Ridge Community Action, Inc. (BRCA) is a private, non-profit organization founded in 1965 to address problems related to poverty in Alexander, Burke, Caldwell, Catawba, Gaston, Mecklenburg, Rutherford, Stanly and Union Counties. Services they provide are Adult Day Care, Day Care, Weatherization Assistance Program, Home Delivered Meals, Head Start, HARRP (services for those with inadequate or no heating/air conditioning), Congregate Nutrition, Early Head Start, Duke Energy Helping Home Fund, Affordable Rental Units, Foster Grand Parents, and SCSEP (A unique workforce Development program).

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## **Caldwell Committee for Healthy Families (CCHF)**

609 Harper Avenue

Lenoir, NC 28645

Phone: (828) 757-8632

Website: <http://caldwellcommittee.tripod.com/>

Caldwell Committee for Health Families (CCHF) is a private, non-profit organization. Access to services is not based on race, gender, socio-economic background or ability to pay. All services are free to the public. The mission for CCHF is to improve the quality of life for all families living in Caldwell County. This mission is accomplished through child abuse prevention, parent education/support, and public awareness. Programs that are offered through this organization are Nurturing Program (For parents for children birth to 5 years old), Tweeners (for parents who have children ages 6 to 11 years old, funded by TANF and United Way), PACT (Parents and Adolescents coming together, ages 12 to 18 years old), Apoyando A Todos Los Padres (Nurturing program for Spanish speaking parents), Grandpower for Grandparents (Support group for grandparents or other caregivers rearing a child family member), and HUGS (Helping, Understanding, Giving Support, provides emergency respite child care to families experiencing an immediate crisis).

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## **Caldwell Council on Adolescent Health**

918 West Ave NW

Lenoir, NC 28645

Phone: (828) 757-9020

Website: <https://www.ccah.online/>

The Council on Adolescent Health, a non-profit organization, was founded in 1983, for the purpose of reducing teen pregnancy in Caldwell County, NC. The council promotes positive life choices by using best practice models in the classroom. Through their programs, teenagers are empowered to make healthier choices, mind and body.

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## **Caldwell County Department of Social Services**

2345 Morganton Blvd., SW Suite A

Lenoir, NC 28645

Phone: (828) 426-8200

Website: <http://www.caldwellcountync.org/social-services>

Caldwell County DSS offers many types of federal and state services for the residents of Caldwell County. These services are Adult Protective Services, Adult Care Home Monitoring, Adult Medicaid, Adult Placement Services, Child Care Assistance (VOUCHERS), Child Protective Services, Child Support, Community Alternatives Program (CAP), Emergency Assistance, Family & Children's Medicaid, Family In-Home Services, Fishing License, Food & Nutrition Services/Electronic Benefits Transfer, Low Income Energy Assistance Program (LIEAP), Manage Care (Carolina ACCESS), Medicaid Transportation, Program Integrity, Work First Family (WFFA) and Youth Work Permit.

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## **Caldwell County Health Department**

2345 Morganton Blvd, Suite B

Lenoir, NC 28645

Phone: (828) 426-8400

Website: <http://www.caldwellcountync.org/health-department>

Caldwell County Health Department offers many services for the residents of Caldwell County. Some of those services are: Animal Control, Child Health Services, Communicable Disease/STD, Dental, Environmental Health, Health Promotion/Education, Immunizations, Men's Health, Preparedness, Publications/Health Data, WIC Nutrition Services, and Women's Health.

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## **Caldwell County Transportation (Western Piedmont Regional Transit Authority)**

1515 4<sup>th</sup> St. S.W.

Conover, NC 28613

Phone: (828) 464-9444 (Demand Response, Flex Route)

(828) 465-7634 (Fixed Route Bus Information)

Website: <http://mygreenway.org/>

Greenway provides fixed route transportation service in the cities of Conover, Hickory and Newton. Flex route service is available for the Town of Taylorsville and in Burke County (Morganton, Drexel, Valdese, Rutherford College). Demand Response Service in the counties of Alexander, Burke, Caldwell and Catawba.

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## **Caldwell County Yokefellow**

1602 Harper Ave

Lenoir, NC 28645

Phone: (828) 754-7088

Website: <http://www.yokefellowofcaldwellco.org/>

## **Lenoir Emergency Outreach Shelter**

1129 West Avenue

Lenoir, NC 28645

Phone: (828) 726-3634

Website: <https://lenoiremergencyoutreachshelter.webs.com/>

Caldwell County Yokefellow is a Christian based non-profit organization. Yokefellow of Caldwell County provides assistance to individuals and families in Caldwell County. Services provided are Food Pantry, Emergency Assistance and Thrift Store. If already enrolled in the Food Stamp program, individuals and families automatically qualify for Yokefellow food assistance every 30 days. If not, the program uses USDA income guidelines. Photo ID, last four SS# and a proof of residence is required. Direct financial assistance is available, clients must present original bills, photo ID, last 4 SS# and proof of residence. Application with DSS Emergency Assistance Department is required before coming to Yokefellow. Electricity, fuel/K1, natural gas, water, rent and medicines or other medical assistance is included in emergency assistance services. The thrift store offers extremely affordable adult, children's and household items and clothes. For emergency assistance, the office can write a voucher that allows clients to receive goods at no charge. Yokefellow also has a program call the Lenoir Emergency Outreach Shelter which is an emergency shelter that serves men, women and children under one roof.

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## **Caldwell Friends**

918 West Ave NW

Lenoir, NC 28645

Phone: (828) 758-4683

Website: <https://www.caldwellfriends.com/>

Caldwell Friend's mission is "Empowering, equipping, and encouraging young people to make better choices through the power of one-to-one mentoring friendships. Caldwell Friends falls in a Community-Based mentoring program. Mentors and Mentees in this program participate in one-to-one outings and activities after school. The life circumstances children and youth face are poverty, single-parent homes, grandparents raising grandchildren, full time working parents, unhealthy environment situations, mental illness, addictions, bullying, gangs, and failing academically. Caldwell Friends mentors strive to be friends with children who can easily fall between the cracks.

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### **Caldwell Habitat for Humanity**

1216 Harper Avenue

Lenoir, NC 28645

Phone: (828) 758-8757

Website: <http://caldwellhabitat.org/>

Caldwell Habitat is part of a global, nonprofit housing organization operated on Christian principles that seeks to put God's love into action by building homes, communities and hope. Caldwell County Habitat is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes. Founded in Americus, GA, USA in 1976, Habitat for Humanity today operates around the globe and has helped build, renovate and repair more than 600,000 decent, affordable houses sheltering more than 3 million people worldwide.

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### **Caldwell Pregnancy Care Center**

210 Ridge Street

Lenoir, NC 28645

Phone: (828) 757-9555

Website: <https://www.caldwellpregnancycare.org/>

Caldwell Pregnancy Care Center offers free and confidential pregnancy services. Services they offer are free pregnancy tests, education classes (single parenting, parenting, pre-natal, marriage), baby layettes, material aid (STD/STI information, abortion information), peer counseling, abstinence program, community referrals (adoption, church, community, housing, legal, clinical), parenting support, and post abortion support.

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### **Caldwell Smart Start**

916 West Avenue

Lenoir, NC 28645

Phone: (828) 426-5437

Website: <https://www.caldwellsmartstart.org/>

Smart Start is North Carolina's nationally recognized and award-winning early childhood initiative designed to ensure that young children enter school healthy and ready to succeed. Smart Start is a public-private initiative that provides early education funding to all of the state's 100 counties. Smart Start funds are administered at the local level through local non-profit organizations called Local Partnerships. Smart Start funds are used to improve the quality of child care, make child care more affordable and accessible, provide access to health services and offer family support.

## **Communities in School of Caldwell County**

313 Ridge St NW

Lenoir, NC 28645

Phone: (828) 929-2247

Website: <http://ciscaldwell.org/>

Communities in Schools of Caldwell County is locally owned, locally operated and designed. Communities in Schools of Caldwell is committed to the students and families of Caldwell County. This program creates partnerships between the community and students to provide opportunities and the tools necessary to achieve success in school, graduate, and become a vital part of the community. CIS serves 10 schools in Caldwell County and last year, more than 6,500 students received services.

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### **ComServ, Inc.**

Corporate Office

105 Scroggs Court

Morganton, NC 28680

Phone: (828) 438-6026

Website: <https://www.comserve.org/>

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and are integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room

and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

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### **Dulatown Outreach Center**

1302 Norwood Street SW

Lenoir, NC 28645

Phone: (828) 758-2482

Website: <http://www.dulatownoutreachcenter.com/>

Dulatown Outreach Center, Inc., is a non-profit corporation operating three licensed, certified child development centers, a Before and After School program, short and long term suspension programs, summer camp for children and youth, and a transitional housing shelter program for women and their dependent children. The Corporation was established in 1982 to assist parents having to leave home to help provide economically for the family and the need for the church community to address the broader needs of families.

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### **Early Head Start - (The Enola Group)**

506 East Union

Morganton, NC 28680

Phone: (828) 604-4906

Website: <http://enolagroup.org/>

Early Head Start is a comprehensive, community-based program serving families and children from birth to age 3 and women who are pregnant. The program mission is to promote positive prenatal outcomes for women, to enhance the growth and development of young children, and to support and strengthen healthy family development. Services are federally provided at no cost to eligible families. The Enola Group Early Head Start provides early childhood education in quality licensed child development classrooms, education and support in families' homes, and family resource centers in Alexander, Burke and Caldwell Counties. The program also promotes the health and well-being of children and adults. The program help families find medical and dental providers of service to stay current on healthcare needs.

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**Family, Infant and Preschool Program (FIPP)  
Center for the Advanced Study of Excellence (CASE)**

300 Enola Road  
Morganton, NC 28655  
Phone: (828) 433-2661  
Website: <https://fipp.org/>

The Family, Infant and Preschool Program serves in the capacity of a research and training institute as well as an early childhood intervention program for children (ages birth to five years), families, and women who are pregnant. This program is part of the J. Iverson Riddle Developmental Center (JIRDC) located in Morganton, NC. FIPP provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties. The mission of the Family, Infant and Preschool Program is to promote the growth and development of young children by supporting and strengthening families and building caring, responsive communities. They provide early intervention services, parent education, pregnancy supports, neonatal intensive care follow-up, and work collaboratively with other community agencies to ensure evidence-based intervention for all young children and families.

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**Helping Hands Clinic**

810 Harper Avenue  
Lenoir, NC 28645  
Phone: (828) 754-8565  
Website: <http://www.helpinghandsclinic.org/>

Helping Hands Clinic improves the lives of uninsured by offering high-quality, free medical care and prescription medication to those in need. The clinic has a full-time provider available for acute, urgent, follow-up and preventative care. The clinic also provides chronic care management, free prescription medications and free patient education.

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## **J. Iverson Riddle Developmental Center**

300 Enola Rd.

Morganton, NC 28655

Phone: (828) 433-2731

Website: <https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center>

J. Iverson Riddle Development Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina's Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self-determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual's responsible Local Management Entity/Managed Care organization (LME/MCO).

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## **Lenoir Housing Authority**

431 Vance Street NW

Lenoir, NC 28645

Phone: (828) 758-5536

Website: <http://www.lhauthority.org/>

The Lenoir Housing Authority is a public housing agency with 158 residences scattered through the city of Lenoir. Residences are located at Atwood Circle, Penley court, Harrington Street, Hartley and Ridge Street, Poplar Street, Virginia and Lutz Street and Vance Street. The mission at the Lenoir Housing Authority is to provide decent, safe and sanitary housing in good repair for eligible families in a manner that promotes serviceability, economy, efficiency and stability of the developments; and to utilize all available resources to maximize the social and economic opportunities of their residents.

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### **Lenoir Soup Kitchen**

1113 College Ave

Lenoir, NC 28645

Phone: (828) 758-1411

Website: <https://www.lenoirsoupkitchen.org/>

The Lenoir Soup Kitchen was established in 1982. On average, they serve 70 to 125 plates per day. The Soup Kitchen is funded by the United Way, Foundations, Individuals, Churches, Civic organizations and many others. They are open Monday through Friday from 11 AM to 12 Noon. Guests may eat as much as they like while there, but they do not allow carryout's.

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### **Mountain Grove – Bags of Blessings Food Pantry**

2485 Connelly Springs Rd.

Granite Falls, NC 28630

Phone: (828) 728-9557 ext. 13

Website: <http://mountaingrove.org/site/food-pantry/>

The Bags of Blessings Food Pantry distributes food on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month. This ministry is located in the bottom of Mountain Grove Church's worship facility. The food pantry is a vital ministry for Mountain Grove Church. Each week, this ministry touches the lives of over 200 individual families in Caldwell County.

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### **Olive Hill Community Economic Development Corporation, Inc.**

200 C College St.

Morganton, NC 28655

Phone: (828) 475-4620

Website: <https://www.facebook.com/OliveHillCEDC>

Olive Hill Community Economic Development Corporation (OHCEDC) is a private non-profit corporation founded in 1998 to provide solutions to distressed residents located in Burke, Caldwell, Catawba and McDowell Counties. Their Mission is "To positively impact the social, physical, educational and economic environment of area families and individuals with asset building opportunities." Efforts of concentration are in Affordable Housing (ownership and retention) programs, micro-enterprise development and business ownership, financial services and other asset building opportunities.

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## **Region 9 Child Care Resource and Referral (CCR&R)**

734 Salisbury Rd.

Statesville, NC 28677

Phone: (704) 878-9980

Website: <http://region9ccrr.org/>

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

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## **Safe Kids Caldwell County**

Caldwell County Health Department

2345 Morgantown Blvd

Lenoir, NC 28645

Phone: (828) 757-1424

Website: <https://www.safekids.org/coalition/safe-kids-caldwell-county>

Safe Kids Caldwell County is led by Caldwell County Health Department, which provides dedicated and caring staff, operation support and other resources to assist in achieving a common goal; keeping kids safe. Based on the needs of the community, this coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics that help parent's and caregivers prevent childhood injuries.

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## **Salvation Army – Greater Hickory/High Country Regional Coordinate**

Caldwell County Branch

4370 Hickory Blvd.

Granite Falls, NC 28630

Phone: (828) 496-2370

Website: <https://www.salvationarmycarolinas.org/hickory/>

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coats to children in need. The Salvation Army of Hickory operates 9 Family Stores in its service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community. Through the Salvation Army Boy's & Girl's Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

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## **Shelter Home of Caldwell County**

P.O. Box 426

Lenoir, NC 28645

Phone: (828) 758-0888

Website: <http://www.shelterhomecc.org/>

The Shelter Home of Caldwell County (SHCC) provides emergency and support services for victims/survivors of domestic violence, rape and sexual assault and their children. SHCC also provides services for child advocacy, court advocacy, support groups and classes and contacts for other victim service providers. Their mission is to provide safety and basic needs to victims. Listen, help clients identify their options and discover their strengths. Provide information, referrals and positive support for change. Inform, educate, and provide prevention services to the community.

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## **Western Piedmont Council of Governments**

1880 2<sup>nd</sup> Avenue NW

Hickory, NC 28601

Phone: (828) 322-9191

Website: <http://www.wpcog.org/>

Western Piedmont Council of Governments (WPCOG) is a voluntary association of local governments organized in 1968 as a non-profit group to provide long-range planning and technical assistance. This program serves Alexander County, Burke County, Caldwell County and Catawba County. The WPCOG staff is divided into eight work groups: Administrative & Financial Services, Area Agency on Aging (Caregiver Support, Elder Abuse, Fan/Heat Relief, Health Promotion Programs, Home and Community Care Block Grant Services, Counseling, Project C.A.R.E), Community & Economic Development, IT/GIS Services, Regional & Local Planning/Data Services, Section 8 Housing Program, Transportation, and Workforce Development.

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## **Women's Resource Center**

125 3<sup>rd</sup> St. NE

Hickory, NC 28603

Phone: (828) 322-6333

Website: <https://www.wrchickory.org/>

The Women's Resource Center empowers women through workforce development, advocacy enrichment programs and community partnerships. The WRC offers assistance to women in Alexander, Burke, Caldwell and Catawba Counties. Services provided through WRC include, Women2Work Workforce Development Programs and Support, Transitions4Women and Goal Planning Services, Challenges due to Separation, Domestic Violence, or Divorce, Support groups for Fibromyalgia, Emotional Support Group for Women, Adult Children of Alcoholics, Alcoholism, Substance Abuse & Overeaters. Personal Growth through Educational and Enrichment Programs, and Opportunities to meet and share with other Women.

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