

Last updated: 02/2019



<https://www.fsnhope.org/>

Resource Directory: McDowell County

Note: This resource directory was created by FSN/Hope staff to help you identify resources in your county that can assist you with your child's needs. Family Support Network/HOPE does not make referrals and we do not endorse these agencies. Any contact you make with these agencies is at your own discretion. This directory may not have all the resources in your county however we try our best and will update this continuously. If you have any additions, questions, or concerns, please contact us at (828) 256-5202 or at vickiedieter@fsnhope.org. Thank you.

A Caring Alternative

361 North Main Street

Marion, NC 28752

Phone: (828) 652-5444

Website: <https://www.caringalternative.com/>

A Caring Alternative, LLC (ACA) is a well-established comprehensive care agency providing behavioral health and substance use disorder services to adults, adolescents, and children in Western North Carolina. Child, Adolescent and Family services are currently serving in Buncombe, Burke, Caldwell, Catawba and McDowell Counties. Programs available are Therapy Services (School-based, Individual, Family, Integrated Care, Group therapy, Trauma Focused Cognitive Behavioral Therapy, Substance Use Disorder Services, Active Parenting of Teens- Families in Action, Psychiatric Care and Medication Management), Intensive In-Home Services, Therapeutic Foster Care, Day Treatment Services (Buncombe and McDowell Counties) and Services only for Burke and Catawba Counties are Hospital Discharge Planning and Assertive Engagement.

Adolescent Parenting Program

McDowell County Schools

33 S. Main Street

Marion, NC 28752

Phone: (704) 652-1040

Website: <http://main.nc.us/mcdowell/APP1.html>

The Adolescent Parenting Program was started in 1984 by the N.C. Department of Human Resources to help build positive parenting skills in adolescents. It is the goal of the program to offer free services leading to better parenting and economic self-support for pregnant and parenting teens in need. Participant goals are to attend school and earn a high school diploma or GED, to prevent a second pregnancy, to improve parenting skills, to acquire skills related to employment and to reduce dependency on welfare. Anyone 17 years of age or younger who is a first time parent or pregnant for the first time can participate. There are no income guidelines for the program and all services are free.

Children's Services Network

McDowell Technical Community College

54 College Drive

Marion, NC 28752

Phone: (828) 652-0648

Website: <http://go.mcdowelltech.edu/csn.html>

Children's Services Network is a Free Child Care Resource and Referral Agency that is funded by Smart Start and the Division of Child Development. Children's Services Network acts as a catalyst to increase the availability, affordability, and quality of child care in McDowell County by providing a link between parents, early childhood professionals, and the community.

ComServ, Inc.

Corporate Office

105 Scroggs Court

Morganton, NC 28680

Phone: (828) 438-6026

Website: <https://www.comserve.org/>

ComServ, Inc. enhances the lives of persons with disabilities and their families by expanding opportunities of maximum growth and independence; promoting self-determination in inclusive and diverse environments; and providing services/supports for successfully achieving positive desired outcomes through individualized services, natural supports and participation in the community in which they live. ComServ, Inc. services Alexander, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, and McDowell County. Services they provide are Personal Assistance which is a State funded service for adults with disabilities 21 years of age and older. This service provides assistance with daily living, skill building, support with activities and therapy. Another service is Respite services funded through Medicaid. Supported Employment is another service provided and is founded on the belief that anyone can work if they are provided the right supports. This program provides support to help individuals with disabilities find jobs in the community. A Place to Grow (APTG) is a Developmental Day Center in Lincolnton, NC. The Center services children one to five and offers summer programs for children under 18. The Center follows best practice for preschool children and is integrated serving children with special needs typically developing children in all classroom settings. ComServ also provides residential options for individuals with intellectual/developmental disabilities. It offers them a supportive and safe home to exercise their right to make choices, grown and contribute to their community. Some other options are ICF/IDD which offers intensive 24 hour staffing, Group Living homes with provide 24 hour support and supervision in a home environment, Supervised Living which is typically an apartment which includes room and periodic support care to those who do not need 24 hour support, Family Living/Alternative Family Living (AFL) is a service in which a child or adult resides with an individual or family other than their own.

**Family, Infant and Preschool Program (FIPP)
Center for the Advanced Study of Excellence (CASE)**

100 West Court Street
Marion, NC 28752
Phone: (828) 433-2661
Website: <https://fipp.org/>

The Family, Infant and Preschool Program serves in the capacity of a research and training institute as well as an early childhood intervention program for children (ages birth to five years), families, and women who are pregnant. This program is part of the J. Iverson Riddle Developmental Center (JIRDC) located in Morganton, NC. FIPP provides direct support to children and their families in Alexander, Burke, Caldwell, Catawba, and McDowell counties. The mission of the Family, Infant and Preschool Program is to promote the growth and development of young children by supporting and strengthening families and building caring, responsive communities. They provide early intervention services, parent education, pregnancy supports, neonatal intensive care follow-up, and work collaboratively with other community agencies to ensure evidence-based intervention for all young children and families.

Foothills Industries of McDowell County, Inc.

300 Rockwell Drive
Marion, NC 28752
Phone: (828) 652-4088
Website: <http://www.foothillsindustries.com/>

Foothills Industries of McDowell County is a manufacturing company located in Marion, North Carolina. As a Community Rehabilitation Program, it has been in operation since 1972. The mission of Foothills Industries is to provide vocational and life-skills training and employment for persons with disabilities in order to maximize independence and employment while providing quality products at competitive costs and on-time delivery to customers. Foothills offers 3 different Developmental Disabilities Services, Adult Day Vocation Program (ADVP), Community Alternative Program (CAP-IDD), and Compensatory Education and Adult Basic Education. Adult Day Vocation Program provides organized developmental activities designed to prepare the individual to live and work independently as possible. These include vocational evaluation and training, paid work, personal and community living skills development, adult basic education and long-term support. The Community Alternative Program is a special Medicaid community care funding source designed to give persons with Intellectual Development Disabilities a cost-effective alternative to care in an intermediate care facility. The goal is to allow individuals to return to and/or live in the community with as much

independence as possible. McDowell Technical Community College supports staff positions who teach Compensatory Education Classes at Foothills Industries. These teachers help trainees with all phases of learning from obtaining a GED to basic self-help, independence and community living skills. Classes are open to eligible trainees who are enrolled for other services at Foothills.

J. Iverson Riddle Developmental Center

300 Enola Rd.
Morganton, NC 28655
Phone: (828) 433-2731

Website: <https://www.ncdhhs.gov/divisions/dsohf/j-iverson-riddle-developmental-center>

J. Iverson Riddle Development Center (JIRDC) in Morganton, NC is the state operated developmental center for North Carolina's Western region. Riddle provides services and support to individuals with intellectual and developmental disabilities (IDD), complex behavioral challenges and/or medical conditions whose clinical treatment needs exceed the level of care available in the community. Some services they provide are Residential, medical, habilitation (help in developing functional living skills) and training to promote independence, self determination and to support community living. They also provide facility based respite services to provide caregivers temporary relief. All requests for admission must be submitted by a letter of endorsement from the individual's responsible Local Management Entity/Managed Care organization (LME/MCO).

Kids Path – Hospice of the Carolina Foothills

374 Hudlow Rd
Forest City, NC 28043
Phone: (828) 245-0095

Website: <http://hocf.org/grief-counseling/kidspath>

Kids Path, a program sponsored through Hospice of the Carolina Foothills offers grief counseling for kids. As part of the Kids Path Program, formerly known as Rainbows, children who have lost a loved one can receive education and support individually or through groups at their schools. Kids Path staff, along with school counselors, teach students coping skills to help them process loss in a healthy way and learn to move forward despite the loss. Kids Path Day Camp was started in 1995. HOCF has offered a camp for children in the community who has lost a significant person in their lives. Formerly known as Camp Rainbows and Camp Erin, Kids Path

Day Camp gives children and teens a day filled with fun activities that help them deal with grief. The camp is offered at no cost to children age 7 to 18 who live in the HOCF service area. HOCF service areas are Rutherford, Polk, McDowell, Cherokee, Greenville and Spartanburg Counties in North and South Carolina.

McDowell County Department of Social Services

145 E. Court Street

Marion, NC 28752

Phone: (828) 652-3355

Website: <http://www.mcdowellcountyncdss.org/>

The Department of Social Services is responsible for implementing Federal and State human services programs. The mission of the McDowell County Department of Social Services is to respectfully assist families and individuals by helping them maintain, and/or enhance their quality of life; to prevent abuse, neglect, and exploitation of vulnerable people in the community. Among Social Service's income maintenance programs are the work first program, food and nutrition program, low income energy assistance program, Medicaid program and special assistance for adults. Among the service programs, Social Services administers adoptions, adult care home case management, adult services, case management, child support, community alternatives program for disabled adults, adult rest homes, general assistance, guardianship, in-home aide, hospital social work, JOBS program, permanency planning, placement services for adults and children, protective services for adults and children, representative payee, services for the blind, medical transportation and clerical support.

McDowell County Head Start and Early Head Start

2111 Sugar Hill Rd.

Marion, NC 28752

Phone: (828) 652-3229

Website: <https://sites.google.com/mcdowell.k12.nc.us/mcsheadstartearlyheadstart>

Head Start is a Federally funded, comprehensive early learning program that addresses education, nutrition, health and social service needs of low income children ages 3-5 and their families. Early Head Start is the infant/toddler program modeled after Head Start to serve low income pregnant mothers, infants and toddlers the same way that Head Start serves preschoolers and families. The mission for this program is to provide high quality,

comprehensive preschool services for children zero to five that will serve the needs of family and community and prepare children for entry to public school.

McDowell County Health Coalition

408 Spaulding Rd.

Marion, NC 28752

Phone: (828) 659-6661

Website: <http://mcdowellhealthcoalition.org/>

The McDowell County Health Coalition is organized to enhance and promote community health by facilitating inclusive community partnerships, programs, preventative measures and outreach. Programs offered through this agency are: M.A.T.C.H Program, helping the community increase their access to care. The McDowell Access to Care and Health (MATCH) Program is a community-centered network designed to improve access to care, engage it's participants in their physical, behavioral, and social health and utilize community resources in the best way possible. Other programs are the WorkFORCE Wellness Program, Build Environment, Clinical Community Connections, Local Food Access and Awareness (Dedicated to increasing the amount of food available and affordable to county residents, especially low income) and Wellness Where You Are.

McDowell County Partnership for Children and Families

70 N Main St #3

Marion, NC 28752

Phone: (828) 659-2462

Website: <http://www.mcdowellpartnership-smartstart.org/>

The McDowell County Partnership for Children and Families is a non-profit organization led by local volunteers, designed to provide programs and services for families and children in McDowell County, NC. The McDowell for County Partnership for Children and Families administers Smart Start funds from the state legislature to support programs to benefit children ages 0-5 and their families. They are a catalyst for bringing different groups together for the sake of the children. They educate the community on the critical needs of young children and helps develop solutions.

McDowell Mission Ministries

PO Box 297

Marion, NC 28752

Phone: (828) 659-6490

Website: <http://www.mcdowellmission.com/>

McDowell Mission Ministries is a Christian based ministry dedicated to impacting the lives of people in personal need by providing shelter, counseling, and practical economic assistance. McDowell Mission Ministries has two homeless shelters. The Friendship Home for Women and Children and the John Thompson Center for Men. Both homes serve an average of 61 residents per night, 365 days a year. The shelters provide hot baths, good meals, clean clothes and clean beds to everyone. The shelters also offer case management to residents to get back on their feet and into stable housing, obtaining a stable income, help with applications and resumes, encouragement and support with medical and healthcare concerns. The Crisis Ministry provides food and financial assistance for rent/mortgage, utilities, heat fuel, prescriptions and transportation on a funds available basis. Applications are taken on the first of each month. The clothing ministry at the McDowell Mission Resale Center provides low cost clothing, furniture and appliances to the public. Proceeds from sale of good at the center are used for various ministries.

McDowell Pregnancy Care Center

40 S. Main Street

Marion, NC 28752

Phone: (828) 652-7676

Website: <http://www.mpccnc.org/>

Established in 2003, McDowell Pregnancy Care Center exists to aid with situations in which a pregnancy creates a personal crisis. McDowell Pregnancy Care Center is a non-political, non-profit and 501c3 charitable organization supported primarily by churches with additional assistance from donations provided by individuals and businesses. Because of these funding resources, McDowell Pregnancy Care Center offers all services at no cost to clients. Services provided here are, pregnancy test, limited OB/GYN Ultrasound, Pregnancy Options Counseling, Maternity clothes, Baby items, earn while you learn classes, Ob-Gyn referrals, sexual integrity education, post abortion support and community resources.

McSmiles Preschool

100 John Roach St.
Marion, NC 28752
Phone: (828) 442-4534
Website:

https://mcdowell.k12.nc.us/apps/pages/index.jsp?uREC_ID=343858&type=d&pREC_ID=751111

McSmiles Preschool is a free service to all McDowell County Children who will be 3 or 4 by August 31. There are no financial requirements for eligibility. Classes are filled on a first-come basis. Classes meet 2 times a week for 1 hour and 45 minutes during regular school year. McSmiles meets in area churches and elementary schools in the county. Transportation is not provided to and from class therefore it is the parent's responsibility. McSmiles provides a valuable service to the children. A teacher and assistant work with up to 14 children at a time, and the goal of the program is to provide fun activities to help children master the social and academic skills that lead to future school success.

NC Outreach – A Support Solutions Company

1155 N Main St. Suite 16
Marion, NC 28752
Phone: (828) 652-2112

Website: <http://supportolutionsms.com/services/north-carolina/>

Support Solutions provides services in North Carolina through North Carolina Outreach (NCO), a local provider acquired by Support Solutions in 2013. NCO offers services under the Home and Community-Based waiver program called Innovations, or State-funded program. Participants in the Innovations program must meet criteria of intellectual disabilities and be Medicaid eligible. NCO is authorized to provide IDD services in these Western North Carolina counties; Ashe, Avery, Buncome, Haywood, Henderson, Madison, McDowell, Mitchell, Watauga and Yancey. Services provided through this program are: Intellectual/Developmental Disability Services, Private Treatment Provider, Department of Social services, Alternative Family Living, Community Living and Supports, Community Networking, Crisis Services, Day Support, Respite, Specialized Consultation Services, and Supported Employment.

New Hope of McDowell.

P.O. Box 1572
Marion, NC 28752
Phone: (828) 652-8538

Website: <https://www.facebook.com/newhopeofmcdowell/>

New Hope of McDowell is a non-profit Domestic Violence and Sexual Assault Agency. This agency is McDowell County's only Domestic Violence and Sexual Assault Agency. The agency provides emergency shelter, assistance with restraining orders, court advocacy, emergency food boxes, 911 cells phones, domestic violence assessments, and more. Family Services of McDowell operates two stores, Fabulous Finds located on East Court Street and Fabulous Finds and Gifts located on Rutherford Road which helps to fund New Hope of McDowell. These stores serve as an outreach for victims to learn more about services that are provided through New Hope of McDowell.

Olive Hill Community Economic Development Corporation, Inc.

200 C College St.

Morganton, NC 28655

Phone: (828) 475-4620

Website: <https://www.facebook.com/OliveHillCEDC>

Olive Hill Community Economic Development Corporation (OHCEDC) is a private non-profit corporation founded in 1998 to provide solutions to distressed residents located in Burke, Caldwell, Catawba and McDowell Counties. Their Mission is "To positively impact the social, physical, educational and economic environment of area families and individuals with asset building opportunities." Efforts of concentration are in Affordable Housing (ownership and retention) programs, micro-enterprise development and business ownership, financial services and other asset building opportunities.

Operation Backpack

Alternative Education Center

176 Lukin Street

Marion, NC

Morganton, NC 28655

Phone: (828) 652-4535 ext. 106

Website: <https://mcdowell.k12.nc.us/apps/news/article/890920>

Originally organized in 1998, the goal of Operation Backpack is to outfit all underprivileged children in McDowell County Schools with a new backpack and school supplies. Majority of supplies are distributed a few weeks before school starts however Operation Backpack is a year-round event. Supplies given to students include but not limited to: backpacks, 3 ring binders, notebook paper, spiral notebooks, pocket folders, erasers, ballpoint pens, pencils,

colored pencils, crayons, glue (bottles and sticks), ruler, safety scissors, markers and pencil boxes/pouches. Distribution and collection of supplies are at the Alternative Education Center.

Partnership for Children of the Foothills

338 Withrow Road

Forest City, NC 28043

Phone: (828) 245-8673

Website: <http://www.pfcfoothills.org/>

With support from NC Smart Start Initiative, Partnership for Children of the Foothills serves McDowell, Polk and Rutherford Counties, providing programs for children ages 0-5 and their families in the areas of child care, education and family support. The Partnership for Children builds and sustains relationships with community agencies and service providers, offering creative and unique programs for preschool children and their families, licensed child care centers and family child care homes. Benefits of the program include: improved child care quality, affordable care options, increased accessibility, enhanced health education and network of family support services.

Region 9 Child Care Resource and Referral (CCR&R)

734 Salisbury Rd.

Statesville, NC 28677

Phone: (704) 878-9980

Website: <http://region9ccrr.org/>

The NC Child Care Resource and Referral Council funds core service delivery in all fourteen CCR&R regions throughout North Carolina. Region 9 CCR&R coordinates child care information, consumer education, professional development, technical assistance, data collections and public awareness for Alexander, Avery, Burke, Caldwell, Iredell, McDowell, Mitchell, Watauga, and Yancey Counties. Region 9 Resource and Referral is housed within the Iredell County Partnership for Young Children. The NC Resource and Referral Council also provides statewide project management to the following initiatives: School-Age Child Care Quality Improvement Project, Promoting Healthy Social Behaviors in Child Care Settings, and Infant Toddler Enhancement Project.

Rutherford Polk McDowell District Health Department

221 Callahan Koon Road
Spindale, NC 28160
Phone: (828) 287-6100
Website: <http://rpmhd.org/>

The Rutherford Polk McDowell District Health Department is a public health agency dedicated to serving the citizens of three counties; Rutherford, Polk and McDowell. The Rutherford Polk McDowell District Health Department is responsible for protecting and improving the public's health, promoting healthy and active lifestyles while preventing the spread of disease. Services they provide are, environmental services, emergency preparedness, community health assessment and improvement plan, Pregnancy Care Management (MCC or Baby Love) and Women Infant and Children (WIC).

Salvation Army – Greater Hickory/High Country Regional Coordinate

McDowell County Branch – Marion
2240 Hwy 221 N Business
Marion, NC 28752
Phone: (828) 659-2522
Website: <https://www.salvationarmycarolinas.org/hickory/>

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry motivated by the love of God. It's mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. The Hickory Corps offers people of all ages the opportunity to participate in weekly worship services, Christian children and youth programs and other community activities. The Crisis Help center is The Emergency Assistance program that helps with mortgages, rent, utilities, emergency food and donations of clothing and furniture through the offices of Hickory, Morganton, Granite Falls, Taylorsville, Marion, Boone and West Jefferson. Shelter of Hope is a safe and secure place for homeless men, women and children to stay while their basic human needs are met. Residents receive two meals a day (breakfast and supper) and are provided with clean linens and necessary personal hygiene products. Guidance and direction are given to each client toward transitional and permanent housing opportunities. During Christmas, The Salvation Army uses a kettle to collect funds. Proceeds from the Red Kettle Campaign put gifts under trees and hot food on the table of those less fortunate. The Salvation Army also visits shut-ins and distributes coats to children in need. The Salvation Army of Hickory operates 9 Family Stores in it's service area. Each Family Store offers great new and slightly used clothing, household items, and other things. Revenue generated from Family Stores help provide necessary resources to offer individuals in the community.

Through the Salvation Army Boy's & Girl's Club in Burke and Catawba County, children and youth are provided educational after-school and summer daycare programs. Gang prevention education, sports and recreation and programming which shape them into caring, responsible, productive young people in the community.

Southmountain Children and Family Services

110 West Union Street

Morganton, NC 28680

Phone: (828) 584-1105

Website: <https://www.southmountain.org/>

Since 1903, child advocacy and foster community specialist Southmountain Children and Family Services has been providing exceptional care for children and families in North Carolina. Headquartered in Morganton, NC, Southmountain Children and Family Services operates the state's first and only foster community with 5 children's advocacy centers and Evidence-based Treatment Centers serving Avery, Burke, McDowell, Mitchell, Transylvania, Watauga and Yancey Counties. Their goal is to give children and families hope for their futures with the opportunity to experience successful accomplishments and fulfillment of their dreams.

YMCA of Western North Carolina - Nutrition Outreach

Corpening Memorial YMCA

348 Grace Corpening Dr.

Marion, NC 28752

Phone: (828) 659-9622

Website: <https://www.ymcawnc.org/nutrition>

The YMCA of Western North Carolina is a 501©(3) not-for-profit social services organization dedicated to Youth Development, Healthy Living and Social Responsibility. In 2013, YMCA of Western NC began a nutrition department to distribute healthy food, teach good nutrition habits and do cooking demonstrations in Buncombe, Henderson and McDowell counties. The YMCA of Western NC serves as a sponsoring organization for two federally-funded, state-administered nutrition programs: The Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP). CACFP is a federally funded program administered and funded by the USDA's Food and Nutrition Service. The program ensures that eligible children and adults who attend qualifying facilities receive nutritious meals. As a sponsor for CACFP, the YMCA of WNC serves free snacks at 27 of afterschool sites in Buncombe and McDowell counties. The SFSP ensures that low-income children continue to get nutritious meals when

school is not in session. The YMCA of WNC is a SFSP sponsor and serves summer day camp sites and several open distribution sites in the community. Another program of YMCA of WNC is the Nutrition Outreach Hub. Each week, the nutrition team is in the community distributing from one of the three mobile units or from the Healthy Living Pantry. Each distribution is paired with healthy recipes, a practical cooking demonstration and valuable nutrition information. Distributions are free and open to the public.
